



PE Curriculum Overview 2023-2024

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Gymnastics (1)	Dance	Gymnastics (2)	OAA	Hit Catch Run (2)	Attack Defend Shoot (2)
	Hit Catch Run (1)	Send and Return (1)	Attack Defend Shoot (1)	Run Jump Throw (1)	Send and Return (2)	Run Jump Throw (2)
Year 2	Dance (1)	Gymnastics (1)	Dance (2)	Gymnastics (2)	Send and Return (1)	Attack Defend Shoot (2)
	Attack Defend Shoot (1)	Hit Catch Run (1)	OAA	Run Jump Throw (1)	Hit Catch Run (2)	Run Jump Throw (2)
Year 3	Swimming	Swimming	Swimming	Dance	Tag Rugby	Gymnastics
	Invasion (Hockey, Netball, Football etc)	Net and wall (Badminton/Tennis)	OAA	Invasion (Hockey, Netball, Football etc)	Athletics	Striking and fielding (Rounders, Cricket)
Year 4	Swimming	Swimming	Swimming	Dance	Tag Rugby	Gymnastics
	Invasion (Hockey, Netball, Football etc)	Net and wall (Badminton/Tennis)	OAA	Invasion (Hockey, Netball, Football etc)	Athletics	Striking and fielding (Rounders, Cricket)